

What To Pack For A Cruise



You don't want to pack too much but it can be expensive if you need to replace something. Here's my list of items I never cruise without:

PRACTICALITIES

- Small carry-on bag for following items
- Cruise boarding documents and passport
- Prescription medicine organized by days
- Emergency contact information
- First aid kit
- Toiletries and make-up
- Sunglasses
- Hand Sanitizer

CLOTHING FOR A 7-NIGHT CRUISE

- 5-7 Daytime outfits
- 4-5 "Business Casual" outfits for evening
- 2 Dresses / Suits
- 2-3 Sweaters
- 1-2 Dress shoes
- 1-2 Daytime shoes
- Sneakers
- 1-2 Lounging outfits / gym clothes
- 2 Sleepwear
- Undergarments, belts and socks

"Depending on the cruise line, men don't always have to be in suits for Formal Night. Check with your cruise line for dress requirements."

WARM WEATHER EXCURSION / SEA DAY

- Water-resistant tote bag (zipper at top)
- Sunscreen and lip balm
- Swim suit
- Coverup
- Sandals, flip-flops, and/or water shoes
- Hat

COLD WEATHER EXCURSION / SEA DAYS

- Zip-up style sweater or sweatshirt
- Waterproof light hiking shoes
- Large scarf or wrap
- Rain coat

HELPFUL TRAVEL ITEMS

- Hanging luggage scale
- Magnetic hooks
- Small power strip with USB and electrical outlets
- Highlighter, duct tape, and post-it notes

WHAT'S IN MY FIRST AID KIT?

- Bonine
- Sea Bands
- Benadryl
- Motrin and/or Tylenol
- Imodium
- Tums
- Band Aids
- Anti-bacterial Ointment